

Appendix A
Anchorsaway Ministry Manual

Ministry Manual

Statement of Faith

The following Statement of Faith¹ should be read, accepted, and signed by all those in a leadership position. Those who cannot agree to the statement should not be given a leadership role. Being of one mind is critical to the Truth being taught in the lectures and the small groups.

- We believe in one God, the Creator and Lord of the Universe, the co-equal eternal Trinity; Father, Son, and Holy Spirit.
- We believe that Jesus Christ, God's Son, was conceived by the Holy Spirit, born of the Virgin Mary, lived a sinless life, died a substitutionary death on the cross, rose bodily from the dead and ascended to heaven where, as truly God and truly man, He is the only mediator between God and man.
- We believe that the Bible is God's authoritative and inspired Word. It is without error in all its teachings, including creation, history, its own origins, and salvation. Christians must submit to its divine authority, both individually and corporately, in all manners of belief and conduct, which is demonstrated by true righteous living.
- We believe that all people are lost sinners and cannot realize the Kingdom of God except by undergoing a new spiritual birth. Justification is by grace alone, through faith in Jesus Christ. It comes as God's gift to man and cannot be earned through merit.
- We believe in one holy, universal, and apostolic Church. Its calling is to worship and witness concerning its Head, Jesus Christ, preaching the Gospel among all nations and demonstrating its commitment to the cultural mandate by compassionate service to the needs of all human beings, and promoting righteousness and justice.
- We believe in the necessity of the work of the Holy Spirit for the individual's new birth and growth to spiritual maturity, and for the Church's constant renewal in truth, wisdom, faith, holiness, love, power, and mission.
- We believe that Jesus Christ will personally and visibly return in glory to raise the dead and bring salvation and judgment to completion. God will fully manifest His kingdom when He establishes a new heaven and new earth, in which He will be glorified forever, and exclude all evil, suffering, and death.

Teacher/Facilitator/Small Group Signature

Ministry Overview

Researcher George Barna has stated that only 9% of born again teens believe in moral absolutes.² This is alarming news. How do we expect young adults to stand for truth when they leave home if they do not believe in a moral standard? With all of the conflicting worldviews bombarding students today, especially on college campuses, it is no wonder that the numbers continue to rise. Josh McDowell says that close to 80% of young evangelical men and women do not return to the church after leaving high school. Josh also found that only 2% of Christian students can defend what they believe about God, the Bible and the resurrection of Christ.³

Anchorsaway is a college-level Christian worldview educational experience targeting high school seniors and college students. The purpose is to encourage each student's biblical and spiritual growth, and to equip him/her to confidently live out their faith in every area of life. There is absolutely no doubt that an Anchorsaway student will learn not only how to build an authentic faith in Christ, but will also be encouraged to live it out. Students should also be prepared to give an answer to others as to what they believe to be true about God, Christ and the Bible. With the help of their Student Worldview Handbook, each student has a place where they can go to refresh their minds and also teach Bible studies. Many students enjoy writing papers on a variety of subjects as a result of their notes and the recommended reading book lists that are found at the end of each lesson.

Matthew 22:37 records Jesus' command to *"Love the Lord your God with all your heart and with all your soul and with all your mind."* In this imperative, Jesus defines the holistic nature of the Christian worldview. Of primary importance to Anchorsaway is the transformation of the heart through the working of the Holy Spirit. We believe the message of God's love and acceptance of everyone, despite current circumstances, must be constantly reinforced through the class lessons and in the small group discussions. Without a heart that is focused on Jesus Christ, the information learned from this course of study is of absolutely no value.

The goal of Anchorsaway is for students to walk passionately, think Christianly, and love others unconditionally, to the glory of God.

This is an exciting opportunity to prepare the next generation to be a light for Christ and to impact our culture to the glory of God. We believe that the war for the minds and hearts of our culture can, and will, be won – one student, one family, one community at a time!

Curriculum

To this end, the Anchorsaway curriculum has been developed as a comprehensive and practical means of teaching students to understand the Christian faith with the mind, as well as with the heart. The curriculum chapters are based around life questions that the Christian, as well as nonbelieving students, have regarding their origin, the mess that the world is in, the hope for a world that makes sense, the purpose of their life and their destiny when they die. It is taught in a way to help students develop an authentic faith of their own, a lifestyle that is reflective of Christ, as well as a passion to share truth with others. A great deal of emphasis is placed on being a

good listener to others who think differently than what the Christian worldview espouses. The students will interact in a way that will, hopefully, cause others to think about life and God in a way that they have never done before. Hopefully, the Christian student will someday have the privilege of directly sharing the Gospel of Jesus Christ.

Along with each life question (lesson) there is an anchor point (a biblical truth that answers the life question of the night). By the end of the semester, each student should have his/her questions answered and should know the biblical truths, as well. Lesson topics will vary according to the needs of each particular group. It is not necessary to teach all of the elective lessons. It is suggested that those elective lessons that were not taught during the semester be taught during the summer to the high school senior graduates and college students. The curriculum materials have been designed to be taught by trained teachers, or to be facilitated through the use of DVDs at each class session.

Anchorsaway is intended to be taught during the second semester of a student's senior year in high school. It is designed to be taught by a person who has a heart for young people to live out the Christian worldview, not only on the college campus, but in life. The qualifications for a teacher and facilitator are listed later in the manual. This is not a course to be taught by a pastor or a youth pastor, but by someone who is well trained in the Christian worldview. We believe that pastors are busy enough, and that the students need to hear the truth taught from another person, in a home with seniors and college students from different churches and from different schools. The mix of students is one of the elements that makes this program work.

Although this curriculum is primarily for high school students and college seniors, we are encouraging the trained teaching leader to teach this curriculum to adults, **if** those who sign up and take the class would become involved in some way with the Anchorsaway site in their area. Adult classes can be a great way to recruit small group leaders and familiarize them with the curriculum. Emphasis with adult classes will be on the mentoring, coaching and teaching of future high school seniors and college students.

The Anchorsaway curriculum has been approved for three hours of college credit. The teacher must have attended the training conference offered by Anchors Away Ministries. The students will sign up on the web site, www.Anchorsawayministries.org, pay the registration fee and download the class syllabus. Students will be assigned a grader, to whom he/she will email papers with the completed work.

Content of Classes

The curriculum has been divided into two groups: the core classes and the elective classes. The core classes are essential in building a solid foundation for the Christian worldview. The elective classes add support to the core classes in very practical ways. We strongly encourage that all of the core classes be taught at some time during the semester.

The first two lessons, 'What Is the Christian Worldview?' and 'What Are the Five Major Worldviews?' should be taught in that order, at the beginning of the Anchorsaway classes.

The remaining six core classes can be taught in the order decided by each individual group. One might choose to teach 'Who Is God?' for the third lesson, and then teach the elective lesson on 'Who Is the god of Islam?' the following week, in order to show the contrast between the character of the true God and the character attributes of the god of Islam. The number of the elective classes taught depends on how many weeks are scheduled to teach Anchorsaway. It is suggested that the final lesson taught be 'What Are the Keys to Building Healthy Relationships?' This is because the overall purpose of the lesson is to show how a strong relationship with God overflows into strong relationships with others. Other than those three lessons, the order of teaching is left to the discretion of those leading the ministry.

The content of each lesson, however, is solid biblical teaching and must be taught within the framework in which it was written. There is more than enough material provided in the teacher's manual. It is not possible, in most cases, to teach all of the material, so the teacher must decide what to teach and what not to teach. Both teachers and class facilitators, using the DVD approach, are encouraged to present the material in the manner that is most comfortable to both their teaching style and that of their students. The vast majority of the teaching lessons has been taught for many years and has proven to be effective. The purpose for such parameters is to safeguard the integrity of the curriculum and God's Word.

Guest speakers should be invited in to speak in their area of expertise. They, too, must sign the statement of faith, and must look at the DVD lesson that they will be teaching to see how the lesson was taught. We also recommend that speakers visit at least one class to see how it is run. The speaker is free to bring in his/her own examples and personal experiences, as long as the bulk of the material in the written chapter is covered in the order it was written. Students will then be able to follow along in the Student Worldview Handbook.

Anchorsaway classes will vary in size. In the beginning, class sizes may run as small as 8 to 10 students. That is fine. As your students suggest to you names of students who may want to attend the next year, your class will, no doubt, grow in size. The ideal size for a class is around 20 students. This provides a good mix and will certainly add to more lively discussions. Believers and nonbelievers are invited. This is not a debate class, so nonbelievers who come should be given this information beforehand. We suggest that a good size for a small group is around 6 to 8 students, with two small group leaders per group. The small group leaders should ideally be male and female (married or single).

Unless otherwise noted, most all of the Scripture used throughout the curriculum comes from the New International Version of the Bible.

Core Lessons: (Must be taught as part of curriculum.)	Anchor Points: Biblical Truths from each Lesson
1. What Is the Christian Worldview?	The Christian worldview is the way God views the world.
2. What Are the Five Major Worldviews?	Everyone has a worldview.
3. Who Is God?	God is who He says He is.
4. Is the Bible Reliable?	The Bible is reliable.
5. Was Jesus Christ Resurrected? Why Does It Matter?	Jesus died and rose again!
6. Is Jesus Christ God? What Is the Trinity?	Jesus is God.
7. What Is a Christian? Am I One?	The Christian believes in Christ and follows Him.
8. Did Life Just Happen or Were We Created?	God created.
Elective Lessons: (Choose what works for your own class.)	Anchor Points: Biblical Truths from each Lesson
9. Who Is the god of Islam?	The god of Islam is not the God of the Bible.
10. Covenant: What Is the Big Picture of God's Redemption of Man?	God keeps His covenant promise.
11. Who Is Satan and How Does He Work?	Satan is real and active in the world.
12. What Is a Cult?	Mormonism is a cult.
13. Why Don't the Jews Believe in Jesus?	Christianity is Jewish.
14. How Does God View the Homosexual?	God hates the sin, but loves the sinner.
15. What Are the Moral Implications of Bioethics?	God is God, not man.
16. What Is the Christian Role in Cultural (Racial) Reconciliation?	Love your neighbor as yourself.
17. What Are the Biblical Principles to Wise Financial Planning?	All money and possessions belong to God.
18. How Can I Become a Leader Who Influences Culture for Christ?	Christian leaders are great followers of Christ.
19. Why Does God Allow Suffering?	In the midst of suffering, I AM.
20. How Do I Make Good Life Choices?	All human life is sacred to God.
21. What Are the Keys to Building Healthy Relationships?	Healthy relationships have God in the center.
22. Parents Picnic, Baptisms (optional), College Panel of Former Students	ANCHORS AWAY!

Teacher/Facilitator, Small Group and Student Worldview Handbooks

The Anchorsaway curriculum is available in two different syllabi; a Teacher's Worldview Handbook and The Facilitator's Worldview Handbook.

The Teacher's Worldview Handbook was created to help Christians, who are familiar with the Christian worldview and have the gift of teaching, to effectively communicate the Christian worldview, and how to live and convey it to the world. They will study the subject matter of each lesson from their own sources and/or from the recommended reading list in the appendix. Following the large group session, the teacher will divide the students into small groups. The small group leaders will then follow the outline designed for that portion of the lesson. Teachers should watch the DVD lesson for personal preparation or for showing to their class. Most teachers will not hesitate to have the class watch a DVD if the teacher feels inadequate or unable to teach that particular lesson. The students are accustomed to video teaching.

The Teacher's Worldview Handbook will give all the materials needed to effectively communicate the Christian worldview, including:

- A printed version of the Anchorsaway teaching worldview curriculum containing:
 - Preparation checklists
 - Opening exercises
 - Review options from previous lesson
 - Icons 1 to show when to begin the DVD lesson and the DVD chapter number. (In this case, it is chapter 1.)
 - Complete outline notes for each teaching session
 - Review questions at the end of each lesson to be asked at the beginning of the next session
 - Teaching tips scattered throughout the lessons
 - Recommended reading lists for all of the lessons
 - Outside research position papers from a variety of authors
 - Small group leader's discussion guide
 - Many charts and graphs which can also be found at the end of this book
- A full set of all the classes taught on DVDs
- The Resource CD-ROM, containing:
 -  Anchorsaway Promotional Video
 -  PowerPoint Presentations
 -  Worldview Movies
 - 1. Statement of Faith

2. Sample Class Invitation Fliers
3. Outline For Student Presentation
4. Small Group Leadership Meeting Outline
5. Small Group Leadership Meeting Handout
6. Student Leadership Meeting Outline
7. Sample Letter to Parents
8. Student Contact Information – Template
9. Movie Clip List – Cued Up (You will have to rent movies weekly. After you rent them, here you can find where to go to cue up the clip that you want to show to your class.)
10. Accountability Letter
11. Question Box Questions
12. Sample Invitations to Parents For Picnic
13. Name Tag Templates
14. Four Deadly Questions Bookmarks
15. A Christian Response to Cultural Issues
16. The Moral Decline of American Culture
17. Anchorsaway Student Survey

The Facilitator’s Worldview Handbook is designed for those who have the gift of communication with high school seniors and college students, but who do not feel comfortable teaching the curriculum on their own. This resource will provide them with the means to introduce the lesson, play the movies cued up for them on the Resource CD-ROM, ask the review questions printed at the end of the previous lesson, introduce the Anchor of the Week, and begin playing the DVD for that week’s lesson. Following the large group session, the facilitator will divide the students into small groups. The small group leaders will then follow the outline in the Small Group Leader’s Worldview Handbook that is specifically designed for each lesson.

The Facilitator’s Worldview Handbook will include:

- A printed version of the Anchorsaway teaching worldview curriculum containing:
 - Preparation checklists
 - Opening exercises
 - Review options from previous lesson
 - Icons 1 to show when to begin the DVD lesson and the DVD chapter number. (In this case, it is chapter 1.)

- Review questions at the end of each lesson, to be asked at the beginning of the next session
- Teaching tips scattered throughout the lessons
- Recommended reading lists for all of the lessons
- Outside research position papers from a variety of authors
- Small group leader's discussion guide
- Many charts and graphs which can also be found at the end of this book
- A full set of all the classes taught on DVDs
- The Resource CD-ROM, containing:
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 7. Sample Letter to Parents
 8. Student Contact Information – Template
 9. Movie Clip List - Cued Up (You will have to rent movies weekly. After you rent them, here you can find where to cue up the clip that you want to show to your class.)
 10. Accountability Letter
 11. Question Box Questions
 12. Sample Invitations to Parents For Picnic
 13. Name Tag Templates
 14. Four Deadly Questions Bookmarks
 15. A Christian Response to Cultural Issues
 16. The Moral Decline of American Culture
 17. Anchorsaway Student Survey

Each student will need to purchase a Student Worldview Handbook from the teaching leader

or administrator. It is written in an outline format, designed for the student to take notes during each lecture. This handbook will not only guide them through each lesson, but also serve as a useful resource for them throughout college and beyond. It was written to insure that each student leaves with the needed information to answer tough questions from those who are searching for God. It will also serve as a great resource for students when leading Bible studies or writing papers. T.M. Moore, a writer, mentor, and a Pastor at Cedar Springs Presbyterian Church in Knoxville, Tennessee, has written brilliantly insightful devotionals to be completed by the students during the week. These are found in the Student Worldview Handbook following the lecture notes.

Each small group leader will need to purchase a Small Group Leader's Worldview Handbook. This is identical to the Student Worldview Handbook with the additional Small Group Leader Discussion Guide material.

A Night at Anchorsaway

Each class will last approximately 2 ½ hours, whether it is taught directly or facilitated by use of the DVDs. Students will be in one large group for the first hour and a half for review, worldview movie clips, interviews and the teaching session. The students will then break into small groups for another 30-45 minutes. The small groups are essential for the students to unpack what was learned in the large group. It is a wonderful time for asking questions, sharing and praying together.

Each Anchorsaway site will take on a personality of its own. While commonalities will exist between each group, limitless variables will make each group unique. These differences may include size, environment, teachers, small group leaders, and, of course, the profile of the students. These variables will not be addressed specifically in this guide.

Timeline for a Night at Anchorsaway

We recommend that Anchorsaway be taught in the second semester of the senior year. By that time, the newness of being a senior has worn off, and their minds are turned toward their future.

Meeting days and times can vary according to what works with your group. We recommend a 2 ½ hour time block per week, realizing that the students tend to stay around for some social interaction at the conclusion of the class time.

Sample schedule:

- 6:45 pm Students' arrival: Students sign in, receive name tags and purchase their Anchorsaway Student Worldview Handbook.
- 7:00 pm Worship: Time is spent singing one song and opening in prayer.
 - Welcome: Teacher brings greeting and introduces guests.
 - Review of previous lesson: Students are asked questions about last

week's topic.

- Presentation of a worldview and a Christian worldview response. The purpose is to help students begin to think critically about how to effectively engage others from a Christian perspective. (These can be found in the Teaching/Facilitators' Notes.) Examples of where to go for worldview examples are:
 - Books
 - Quotes or Famous Sayings
 - Newspaper Articles
 - Magazine Articles
 - Film Clips: Suggested movies demonstrating different worldviews are shown almost every week. These must be rented yourself. On the Resource CD-ROM you will find where to cue up the movies to show a clip that lasts a few minutes. Students try to identify the worldview represented in each movie shown and share how it differs from the Christian worldview.
 - Photographs/Graphics
 - Music: Lyrics, Songwriters or Groups
 - Role Playing
 - Personal testimonies: A former/current student or small group leader shares about what God is doing in his/her life. (Limit to 5 minutes or less.)
 - Questions/answers: Questions submitted by the small groups, or students themselves, from the previous week are answered.
- 7:30 pm Teaching lesson: Regular teacher presents lecture or introduces the guest speaker who will be teaching.
- Facilitator's lesson: Play the DVD.
 - Questions following lecture: Questions from students are answered by the teacher or guest speaker.
- 8:40 pm Small groups: Meet following the lecture to discuss the material, address questions and close in prayer.

Using the Anchorsaway DVD Lessons

The DVDs are the only teaching means for the facilitators. The facilitators are required to listen to the lesson before class so that they are familiar with the content. The teaching leaders are strongly encouraged to watch the DVD lesson, perhaps several times, to become very familiar with what, as well as how, that class is taught.

In the Anchorsaway Teacher/Facilitator's Worldview Handbook, you will note the "reel" on the left hand column. This indicates the start point for each chapter of the lesson. Some lessons are divided into chapters. When that is the case, the reel icon, , will have next to it a subscript 1, 2, and so on, depending on the number of chapters in that DVD lesson. Click on any of the icons and the lesson will start or restart at that point.

Keep in mind that you will have to rent the movies that teach the worldview. You can use your own or find suggested movies to rent in the Resource CD-ROM. After renting a movie, look for the cue up instructions in the Resource CD-ROM movie clips and prepare to show it to your class. Some of the lessons require that the movie clips are needed in the middle of the lesson. Cue up the movie needed and stop the DVD when it tells you to play a movie clip. After the clip, return to the DVD menu and choose the place to return to the main teaching lesson. Practice this a few times to get familiar with switching from the DVD to movie clip and back to the DVD lesson.

We encourage both teachers and facilitators to watch each DVD lesson for which they are preparing in its entirety. The teaching leader should follow along in the handbook and decide at which point to begin playing the DVD, if at all. The teaching leader may be more comfortable in teaching several lessons, while in other lessons the teaching leader might need to rely on the DVD to teach part or all. That choice is up to the leader.

To begin playing your DVD, once it is in the computer or DVD player, the "Anchorsaway video lessons" screen will appear. Click on "Chapter 1" and view the entire presentation. The time for the complete lesson is shown in parenthesis next to the lesson title. It is unnecessary to manually click on each chapter for the given lesson, as it will play through those chapter breaks automatically. No matter which chapter is chosen to begin, it will play to the end of the lesson from that point.

When getting to the "Stop DVD & Play Video Clip" there will be the option of either playing the cued up film clip or continuing on without touching the controls. The DVD will automatically play on through the chapters to the end of the lesson.

Using the Anchorsaway Resource CD-ROM

When you open the Resource CD-ROM, you will see a list of the contents like the one listed above. Click on the item that you wish to see and then print it out.

Some of the items on the list are there for you to get an idea of how we have used them. We recommend that you print them out, see how we did it, and then write your own document that fits your group and situation. Yours do not have to be exactly like ours, but we thought that they would help you as you are designing your own material.

Once you open the Resource CD-ROM and browse around, we are hoping that you will find it to be user friendly. As with any computer, we wish you God's speed!

Teaching Leaders Using the PowerPoint Presentations

- Feel free to add to or delete slides as needed.
- We suggest that you play the PowerPoint presentations to get an idea as to how they look. Each one is designed to be used with the written lesson of the same name.
- In your teaching lesson, you will find that the shaded areas correspond with the PowerPoint presentation. Take some time to study these and make necessary changes that fit your teaching.
- Words for opening song: Write the words for the songs that you wish to sing in the slide provided at the beginning of the PowerPoint presentation. If you need more slides with the song background, left click on slide, and then go to insert and left click on duplicate slide. Do this as many times as necessary.
- The boat and anchor slide: Delete any anchors (the anchor point and the line, as well) that have not yet been taught.
- If you do not want to use the PowerPoint presentations, but would like to copy the slides as handouts for your students, you can do this easily:
 - Click on the PowerPoint lesson that you would like to have notes of.
 - Click on 'File' and choose 'Print.'
 - In the lower left hand box under 'Print What,' click the down arrow and select 'Handouts.'
 - On the color box, click on the down arrow and choose the printing color. We print ours in the grayscale.
 - Select the number of slides that you want to have and check the boxes to fit paper and frame slides.
 - Click OK.

Teaching Philosophy and Style

The primary purpose of teaching Anchorsaway is to develop committed disciples of Jesus Christ who live out their faith in our culture. While this primary pursuit is not always explicitly stated in every portion of the Anchorsaway curriculum, it is implicit throughout.

The Anchorsaway ministry is more than just a course in Christian apologetics. While there is certainly a strong apologetic element, the over arching goal is the heart transformation of each student. If the end result of our teaching does nothing more than give students the tools necessary to win a debate, then we have forsaken the primary purpose of Anchorsaway. We expect to see changed lives demonstrated through a deeper, more personal relationship with God. Weekly we encourage, through small groups, a deeper study of the Scriptures for the truths that transform individuals, and, ultimately, transform culture.

Anchorsaway is designed to be taught in a Socratic type of teaching style, as opposed to a strict lecture format. The difference is that the teacher continually interacts with the students, asking questions, role playing, or using the students as an illustration. These should always result in positive learning experiences for each student. Such a teaching style motivates thought in the students as they internalize the material. This Socratic teaching method has proven to be a highly effective means of communicating the Christian worldview. The lessons are designed to support this teaching method, and should all be taught in this manner.

It is much more important that students learn **how** to think, rather than **what** to think. Our goal is that through this method of teaching, students will be motivated to “think on their own, help them clarify values and make choices, encourage their own brainstorming and interpretation and help them move toward a commitment.”³ The teacher’s responsibility is to present the Truth. The Holy Spirit will bring about transformation.

Anchorsaway is designed to serve as a catalyst that stimulates not only Christian thinking, but more importantly, transforms everyday Christian living.

Learning Styles

Learning takes place through the interactive teaching, informal and small group discussions, role playing, memorizing the anchor points, reading and studying class notes, Microsoft PowerPoint presentations, asking and answering questions, personal follow-up during the week, movies, music, and through the informal mentoring of adult role models. These methodologies address the needs of a variety of learning styles:⁴

- For the visual learners
 - PowerPoint presentations
 - Movie clips
 - Student handbooks, including charts
- For the auditory learners
 - Music
 - Verbal teaching presentations
 - Testimonies
 - Movie clips
 - Small group discussion
 - Group prayer
- For the kinesthetic (participatory) learners
 - Small group outings
 - Social interaction in large and small groups
 - Role playing

Anchorsaway Program Administrator

Have you caught the vision of what an Anchorsaway program could do in your community? Are you excited about the possibility of seeing young men and women leave high school with confidence in their identity and in what God is calling them to do and to be, on their college campus or in the workplace? Are you connected in your community and known as someone who is respected by the life you lead? Are you a detail person? If so, this ministry opportunity is for you! Your role would not be that of a teacher, but rather as a leader of people and an overseer of your site. You are critical to the group's success. If you sense God has led you to accept this position, you can trust Him to equip you to meet the challenge!

To be a successful program administrator, you must be a person with excellent organizational abilities. You will have authority over the program and help choose the leadership team. This core group of leaders would include, for example, the teacher(s) and men and women serving as small group leaders. You may also choose others to help with some of the duties specified in the section "Timeline for Establishing a New Anchorsaway Site."

- Choose a team to launch Anchorsaway into your community. This would include the Teacher, Assistant Teacher, some Small Group Leaders, and community support helpers.
- Secure a meeting location. (See "Where should Anchorsaway classes meet?" in the Frequently Asked Questions section of this guide.)
- Assist the teaching leader in training the small group leaders.
- Print off the Statement of Faith from the Resource CD-ROM. Be sure to have the Teacher, Assistant Teacher, and all Small Group Leaders read and sign the form.
- Meet with prospective senior high school students in churches and tell them about Anchorsaway. The teaching leader and the small group leaders will do this, also.
- Two to three weeks before the start of the program, meet with one or two students from each of the high schools in the area, who are willing to serve as point people for Anchorsaway in their schools, to answer questions and invite their friends.
- Order the Student Worldview Handbooks, the Small Group Leaders Worldview Handbooks and obtain the other necessary supplies, such as name tags, 3 x 5 cards, pens, etc.
- Oversee the Teacher. Make sure that he/she has all that he/she needs to teach effectively. Communicate regularly with the Teaching Leader.
- Manage the finances, or enlist a volunteer to handle this responsibility.
- Create and maintain an up-to-date record system of the students' attendance, in order to follow up with them once they have completed the Anchorsaway program, and have transitioned to college or the workplace. Check the Resource CD-ROM for our Microsoft Excel attendance template. Please be sure to email the student and leader roster to anchors@anchorsawayministries.org. This will register the students and leaders with the National Anchorsaway Headquarters.

- Print name tags for each upcoming week. (For the first week, put colored dots or numbers on the name tags, with each color or number designating the assigned small group. They will remain with the same small group throughout the entire Anchorsaway program, unless they are adamant about changing to another group. Use your own judgment as to how to deal with such situations.)
- Find someone willing to bake cookies or bring water every week (optional).

The Role of a Teacher

The teaching leader is the primary teacher and resource person. He/she ought to be well read and prepared to speak Truth (logos). The teaching leader should have an assistant/substitute who can fill in when he/she cannot be present. The teaching leader and the assistant teaching leader (if there is one) may be enlisted from within a church, school, or the community. It is strongly recommended that neither the teaching leader nor the assistant teaching leader be a pastor or youth minister. It is important that students leave their familiar comfort zones as they begin to own and to personalize their faith.

The following key characteristics are essential for a Teacher:

- The gift and passion to teach Truth (This is not a preaching ministry.)
- A personal relationship with Jesus Christ, a strong foundation in the Christian worldview, and the energy necessary to meet the challenges of the ministry
- The motivation to prepare adequately to teach the Christian worldview. (All leaders are strongly encouraged to read Chuck Colson's book, *How Now Shall We Live?*, Nancy Pearcey's book, *Total Truth* and/or J. Budziszewski's book, *How to Stay Christian in College*.)
- A passion for cultivating spiritual growth in young people, and a vision for their potential to impact their culture
- Listening, learning, and communication skills with students and adults
- The ability and desire to recruit a support team of people who are committed to help and pray
- The administrative ability to plan tasks and follow them through to their completion
- Mentoring skills (It is important to speak to the needs of students and small group leaders as a coach and mentor, never in a way that is condescending.)
- Flexibility in meeting the needs of students and leaders
- Demonstrated servant leadership

All those planning to be a teaching leader must attend an Anchorsaway training seminar in order to serve in this position.

Please log onto www.anchorsawayministries.org to register for the upcoming training seminar.

Start-up Checklist

- Pray about your role in the Anchorsaway ministry.
- Select a Teacher and an Assistant Teacher.
- Secure a meeting place.
- Select Small Group Leaders.
- Enlist outside speakers.
- Assign Small Group Leaders to local schools.
- Speak with high school seniors at local churches.
- Talk with youth ministers, pastors and curriculum directors at local churches. Remember, we are not asking for permission. We are informing them about a community event.
- Make copies of the "Statement of Faith" and have it signed by everyone involved.
- Print and distribute promotional fliers.
- Send out invitations to students.
- Order Student and Small Group Leaders Worldview Handbooks.
- Order a computer – TV adapter from www.aver.com
- Create a Question Box.
- Select the elective lessons that will be taught and decide on the order of the lessons.
- Create name tags for all students.

Timeline for Establishing a New Anchorsaway Site

Several months before the beginning of the first class:

- Before enlisting any volunteers to be part of the ministry, have them view the promotional DVD and sign the statement of faith. (This includes any guest speaker enlisted by the Teacher.) Note: At a minimum, the Teacher must have attended the Anchorsaway training conference and received training to be able to purchase materials. It is strongly recommended that the administrator and assistant leader attend, as well.
- A great way of introducing Anchorsaway to your church/community is to teach some of the curriculum to adults in the Fall, before you plan on teaching your classes to the seniors in high school in the following January. Tell them that they will be expected to

help in some way with the Anchorsaway program as a result of taking the class. The purpose of teaching this first to adults is that it will give you a support group to start spreading the news of the Anchorsaway program, give you practice in teaching it and, hopefully, produce many who would like to become small group leaders.

- Select the Teacher, Assistant Teacher and at least two others who catch the vision and are willing to help after seeing the promotional video. Meet with them to review the ministry profile and the ministry manual. Make copies of the Statement of Faith from the Resource CD-ROM and have the Teacher and the Assistant Teacher read and sign a copy. Keep these on file. Both the Teacher and the Assistant Teacher must agree to teach only the Anchorsaway curriculum, and should indicate this in writing. This protects the integrity of the lessons and allows the students to follow along in their Student Worldview Handbooks.
- Attending the training conference is critical, as it will help everyone get on the same page and be a built in support system.
- Attending the training conference is a MUST if you are going to be a teaching leader. No Teacher's curriculum will be given to anyone who does not attend. Students who want to receive college credit must have an Anchorsaway trained teaching leader.
- Talk with friends who share the vision of Anchorsaway and invite them to join you in this effort.
- Partner with local churches to build a community program. Identify potential partners through your friendships and personal contacts. Ask your friends to introduce you to their pastor and youth minister, and join you as you share your vision for Anchorsaway. Explain that the program is designed to complement what they are already doing in their youth ministry, not replace it or compete with it. It is targeted only for second semester seniors. Tell them that the sessions will be conducted outside of the church, in a home, and will be open to seniors from other churches in the area, as well. Make sure the youth ministers know that you are not asking for any commitments from them, other than their support through prayer.
- Talk with heads of para-church organizations in your community (FCA, YFC, Young Life, Campus Crusade for Christ and others). Show the promo video and ask them to team with you in reaching seniors and high school students. They can tell their students about Anchorsaway and perhaps you, or someone on your team, can come in to speak to the seniors.
- After the training of leaders, determine what size and type of program you will have the first year.
- Set up a time to visit the churches and speak with the senior high school students.
- Secure a place other than the church or school to meet.

Three months before the beginning of class:

- Begin to identify potential small group leaders. Check with pastors and youth ministers in partnering churches to see if there are young adult classes who would

like to participate in such a program.

- The Teacher/Facilitator, Administrator, and Small Group Leaders should meet to select the elective lessons they are planning to teach.
- Select and enlist guest speakers.
- Assign Small Group Leaders to specific local high schools to collect the names of potential students through sports, committees, and/or friends. Make copies of the Statement of Faith from the Resource CD-ROM and ask the Small Group Leaders to read and sign a copy.

One month before the beginning of class:

- Double check to make sure that the meeting place is secure.
- Visit partner churches and talk to the senior students. Invite those who show interest to come and bring a friend.
- Confirm all Small Group Leaders and invite them to your home for dessert to go over the final details of the first night.
- Pray that God will protect the hearts and minds of those coming to the program.
- Make and print promotional fliers. (Check the Resource CD-ROM.)
- Order the correct number of Student Worldview Handbooks and Small Group Leader's Worldview Handbooks from the Anchorsaway website www.anchorsawayministries.org
- Order a computer – TV adapter from www.aver.com if you do not already have one.

One week before the beginning of class:

- Hold a final preparatory meeting with the Small Group Leaders, Teacher and the Assistant Teacher.
- Create a box for the "Question Box" Questions.
- Create name tags for all students.
- PRAY.

Opening Musical Worship

Enlist a student to lead the large group in singing a worship song and/or playing an instrument each week. All words for the songs that are chosen must be added to the PowerPoint slide or written out for all to see. This is necessary to make sure that all of the students feel included and welcomed!

(Note: If there are no students who can lead the singing, then ask for a Small Group Leader to volunteer or purchase a resource such as INTEGRITY'S: I worship @home. [ISBN 0-73890-

472-4; web site is iworshipnow.com] This is a series of DVD videos with music and lead vocals. The words are on the screen. It is excellent and there are several different volumes from which to choose.)

Leading the Small Group

(Go to the Resource CD for the Small Group Leader meeting outline and the Student Leadership meeting outline.)

Small group leaders are the foundation of this ministry. They allow students an opportunity to process the information presented by the Teacher/Facilitator in the large group session. The goal of the small group leader is to walk alongside, encourage, challenge, and support the students, wherever they are on life's journey.

Why small groups?

In our postmodern culture, students live in an impersonal environment of large classes and computers, and, all too often, they are in families that are too busy to meaningfully engage with one another. The Anchorsaway small groups are designed to foster meaningful relationships among students as they reflect God's love for one another. They also provide a rich environment in which students can begin to internalize the lesson and from that, an authentic faith can be realized.

What is the profile of an effective small group leader?

Small group leaders must be high school graduates who have a vision for the Anchorsaway ministry and a passion for encouraging young people to build a solid Christian worldview. They play a vital role in the leadership team, as they are the primary ones who will be developing personal relationships with the students. The following key characteristics are essential to maximize the effectiveness of the small group leader:

- Calling by God for service as a small group leader, and the vision for what God can do through this ministry
- Diligence in prayer for each student, the facilitator and teaching leader, as well as the details of the ministry
- Demonstration of a consistent Christian witness, and credibility with students
- A servant's heart that gives time, love and energy – This ministry is not about any specific teacher or small group leader. It is solely about allowing God to use all leaders to accomplish His purposes in the life of each and every student.
- Emphasis on spiritual disciplines, such as prayer and daily Bible reading
- Good listening and communication skills are essential. Responding promptly when someone asks for information regarding the ministry
- Interest in developing a strong foundation and understanding of the Christian worldview

(All leaders are strongly encouraged to read Chuck Colson's book, *How Now Shall We Live?*, Nancy Pearcey's book, *Total Truth* and J. Budziszewski's book, *How to Stay Christian in College*.)

- Commitment to weekly preparation by reviewing the small group leader's notes and completing the weekly student devotionals found at the end of the written lessons
- Willingness to arrange personal schedules to miss no more than one or two classes a semester, as well as scheduling time away from class with a student or students, if necessary
- Discernment as to when and what to share in a small group discussion
- Planning and administrative abilities for small group outings, such as hosting a meal, meeting at an ice cream shop, having pizza together, or attending a sporting event (It is strongly recommended that small group leaders plan an outing with their small groups within the first three weeks of class, in order to begin building group cohesiveness.)
- Perseverance and persistence in making contact with the students each week by phone, email or in person (This will include contacting students who were unable to attend a session, offering encouragement and assistance, letting them know they were missed, and meeting with them outside of class.)
- A time commitment to coach students (A coach's role is to speak Truth to each student. This involves helping students see where they are, where they need to be, and how to get there.)
- Interest and self-discipline to follow-up with students, in some capacity, throughout the college years (For example: Send care packages or emails, make phone calls or personal visits)
- Ability to communicate, not only with the students and teacher, but also with the other small group leaders

What are the components of an effective small group?^{5,6}

Community - growing together around shared experiences as Christians

1. Ideally, there should be no more than 6-8 students in a group.
2. A student can choose to pass from answering a question in small and large groups.
3. Groups are selected randomly. Friends are encouraged to be in different groups, but can be together if requested. There should be a mix of schools and churches in each group.
4. Every student should have an opportunity to share each week, keeping in mind that small groups are not therapy sessions. Groups should not become focused around one individual's issue to the exclusion of other students. If a student has a particular issue that requires extra time, it should be dealt with at the conclusion of class or at another time.
5. Students should be encouraged to be a part of the get-togethers outside of class. There should be at least 3 or 4 events during the semester.

6. Groups should have fun!!!

Outreach - sharing God's Word and love with others

1. Pray for family or friends who do not know Christ.
2. Consider a group project, such as serving food at a city mission, visiting a hospital or nursing home, or even cleaning up a neighbor's yard.
3. Discuss conversations started with friends outside of the class, based on class topics.
4. Students should be encouraged to invite non-Christian friends each week.

Worship - praising God for His nature, actions, and Word

1. Realize that prayer and Scripture are the foundation of a group that works well.
2. Pray for each other before the group is dismissed.
3. Leave plenty of time for prayer requests, and have the students write them down in their handbooks. Refer to their requests when you email or talk to them during the week. Discuss answers to prayer the following week.
4. Share a Psalm or verse that encourages reflection on the very character of God.

How do I cope with problems in my small group?

Small groups are a great place for people to share from their heart, but this is a risky endeavor, and can sometimes create the possibility for problems. We have listed some potential problems and suggestions for how to deal with them, in order to help create the most effective, nurturing environment for these students.

- There may be times when students disagree with some of the material presented. It is healthy for any small group to have different responses/reactions to the material presented. It is important to have a healthy exchange of opinions from each student, but always remember that the Bible is the final source of authority. If these discussions begin to become counterproductive, meet with those involved outside of the small group time to further discuss the issue.
- The students may tend to look to the small group leader as an authority on these worldview topics. However, leaders should not feel like they have to have an answer for every question. They are not expected to be experts on the Christian worldview, but should be learners, sometimes right alongside the students. They should be willing to research each question raised, and then respond to the student during the next small group meeting.
- The small group time is an opportunity to see from where each student is coming and to help them in their quest for understanding Truth. The students will appreciate your interest in their lives. This interest may cause some students to dominate the small group time by doing such things as monopolizing the time talking about their personal issues,

interrupting others, judging others, or challenging your leadership. It is the leader's job to make sure there is enough time for everyone to have the opportunity to share or ask questions in the group. This can be accomplished through involving a dominant student in leadership, by having them help to make sure everyone gets an opportunity to talk, or by restating the question to redirect the discussion.

The Lord is going to use you in the lives of these students as you seek Him and make yourself available.

***Important:** Sometimes a student will suggest that they are distressed and are considering suicide. If such a situation occurs, or if suicide is suspected of being an issue, the small group leader **MUST** inform the teaching leader/facilitator or administrator who can deal with the situation. Parents must be informed, as well as the church youth pastor, if the student attends a church. Make sure the student knows up front that you must tell these people, and that you will help him/her work through this. In some states and countries, it is mandatory that such threats be reported to the authorities. Please check with your state to see what the law requires.

Weekly Checklist

- Request PRAYER from your church, co-laborers and students.
- Gain more knowledge about the topic; read additional outside resources.
- Make sure all small group leaders have purchased a Small Group Leader Worldview Handbook.
- Locate and become familiar with the PowerPoint slides for this session on the Resource CD-ROM. If PowerPoint is not possible, print or write on a white board.
- Change the *Boat & Anchor Review* PowerPoint slide, removing the anchors you have not yet covered.
- Look in the Resource CD-ROM found inside the CD/DVD holder and find a list of cued up movie clips. Go to a movie rental store, rent the movie and cue it up with the clip that you need for your lesson.
- Answer questions from the "Question Box."
 - If there are no questions, choose some from the Resource CD-ROM list.
 - If you need help in answering the questions, contact us at anchors@anchorsawayministries.org
- Create name tags & have ink pens available. The name tag template is on the Resource CD-ROM. Purchase Avery labels CB70 Name Badge or CC100 C Name Badge to print out the name tags from the template found on the Resource CD-ROM.

- Select a song for worship and insert the words into the PowerPoint slides, or write them on a piece of poster board, large enough for all to see.
- Gather incentive prizes for students (i.e. candy, gift certificate, movie ticket...).
- Bring the Question Box and 3 x 5 cards.
- Purchase or prepare snacks/drinks.

Frequently Asked Questions

1. When do I set up initial meetings with the leadership team?

The initial meeting should be scheduled by the administrator to include the teaching leader/facilitator, small group leaders and others interested in the ministry. This should begin several months before January. The focus of the early meetings should be on getting acquainted, and making decisions about which elective lessons should be taught. This is also the time to gather names of Christians who are active in the schools, leaders in the community, or key persons. These are the people who would be instrumental in supporting the program, and/or in suggesting names of students and small group leaders who might be interested in becoming involved in such a program. (The Administrator should follow up on the names that are suggested.)

Once the team is secured, another meeting should be scheduled with the team (Teaching leader/Facilitator or Small Group leaders). Names of prospective students should be gathered.

The Administrator should host an informal time for the Teacher/Facilitator, Assistant Teacher and the Small Group leaders to get to know one another, such as a dessert fellowship. At that time, the upcoming schedule should be presented, along with a discussion of what makes an effective small group leader.

About two to three weeks before the first Anchorsaway classes begin, invitations (sample can be found on the Resource CD-ROM) should be sent through the mail, as well as hand delivered by a student representative to prospective participants in each high school.

2. What type of student should attend Anchorsaway?

Any student, believer or nonbeliever in Jesus Christ, who wants to learn and/or grow in their faith would benefit from the Anchorsaway experience. This is NOT a debate class, so those who wish to debate need to invite the Teacher to have such discussions outside of the class time.

3. From where do we get the students to attend Anchorsaway?

It is important to contact and secure Christian students who are leaders and whose walk is reflective of the Christian worldview. One or two per school are all that are needed. They will supply the names of friends, who then can ask their friends.

Youth ministers, school volunteers, para-church leaders and students are essential resources to secure the names of students. A student who is in a school club or on a school team can hand out invitations, as well. For example, a Small Group leader's son may play on a football team and would like to give fliers to many of those on his team.

Students who are leaving after their junior year of school are invited to attend. Students younger than a junior should not be included.

College students are invited to attend at any time. Some want to come just for the teaching session, which is permissible.

Most all of the invitations (with some exceptions) should be handed out by the students, themselves. It should be a student-driven process, as much as possible. Select one or two students from several high schools, a few weeks before the other students hear about Anchorsaway, and put them in charge of handing out the invitation fliers in their respective schools. Ask them to call you and let you know how many students they think will be attending.

The senior students from the year before should give their Small Group leaders some names of juniors that they would like to have invited the following year.

The Small Group leaders are assigned to a school in the area in which they are familiar. They will make contact with a student who is a Christian leader in that school. If the student is anxious to participate in the Anchorsaway program, they will be asked to contact prospective students from a list prepared by the program's Administrator. These students will also be asked to invite their peers.

4. Where should Anchorsaway classes meet?

Anchorsaway was created as a bridge from high school and the youth group experience, to college or the marketplace. For this reason, we strongly recommend that the meeting NOT be held at a church or church building, or at a school. Feedback tells us that the most enjoyable place for the students to meet is in a home. Other groups have successfully met in office buildings, barns, theaters, club houses, coffee houses, and even around a camp fire. Your choice of location is dependent upon your own personal circumstances and the personality of your group. If given the choice, a home is strongly recommended.

No matter where it is taught, it should be an inviting and safe environment. If possible, provide something for the students to drink and snacks for them to eat. Mothers are often more than happy to bake cookies or supply other snacks. It should be a place with an atmosphere of hospitality.

5. What is the most effective time and season for Anchorsaway to be taught?

We strongly recommend that Anchorsaway be taught in the second semester of the senior year. By that time, the newness of being a senior has worn off, and their minds are turned toward their future.

Meeting times can vary according to what works in your community. We recommend a 2½ hour time block per week, realizing that the students tend to stay around for some social interaction at the conclusion of their small group time. The day and the time is dependent on

your individual situation.

6. What are the Student Worldview Handbooks?

The Student Worldview Handbooks are designed to become a resource in the future, when questions about the Christian religion are asked of the student. They contain notes, charts, and outlines of the key content from the lectures. T.M. Moore, a Pastor and writer, has written devotions for the students that are found at the end of each lesson. They are thought provoking and extremely valuable in helping the student process what was learned in class.

Many of our former students have used the notes to teach Bible studies in their dorms, to write research papers, and to revisit the Truths for personal refreshment. Many students add information they have gathered from outside sources into their books, and use it to file notes related to the topics. That is a true sign of ownership!

7. Can Anchorsaway be taught in a public school?

If a student initiates Anchorsaway to be taught before or after school, it can be taught by people who are not employed by the school district.

School employees who want to be part of the Anchorsaway experience are advised to meet off school property, to avoid legal conflicts over the establishment of religion issues, even though federal law does allow religiously affiliated groups to meet on school property.

You will have to check with your school to see what the rules are pertaining to this issue. However, it is not recommended that Anchorsaway be taught in a school setting, so this should not be an issue. A home is ideal.

8. Why should it be taught outside the church?

The reason for teaching this class in a home is so that it can be opened up to the community. This is the bedrock of the program. When this takes place, multiple churches can come together and help with teachers, small group leaders, and, most importantly, those who are seniors in high school and college students. We have found that many students are less willing to open up in a church setting with pastors, youth pastors and parents around. Also, this can be a time for Christian students to invite their unsaved friends in the community, who would otherwise be unwilling to step into a church. We have found that seekers are very interested, and this is one of the reasons that the last night of the program can, if you choose, include baptisms for those who have accepted Christ during the program, or who want to rededicate their lives to Christ.

9. Why is this only for high school seniors and college students?

The reason that this is targeted for high school seniors and college students is because they are preparing to step out of the safety and protection of their homes and youth groups into a hostile environment. They tend to be more serious about learning this information. The program is written on a college level, so it would be difficult for the younger students to understand the concepts of the Christian worldview. This class is designed to prepare the student how to respond to professors and others that they will specifically meet on the college campus. It points

toward the pressure that they will face to give in to the other worldviews presented to them on their campuses, workplace or in the mission field. We hope to publish a worldview curriculum for junior high and up to the senior high level in the next few years.

10. Can Anchorsaway be used for home schooling?

It would be a great curriculum to use with home school students. We recommend that several home school students go through this together, as well as mixing in public and private students. This is particularly effective in teaching the home school students not only what the world thinks, but also gives them time to interact with those who might think differently on issues.

Anchorsaway serves as a training and resource center. Please visit the website for more details at www.anchorsawayministries.org. We welcome your interest and will help you in any way.

ENDNOTES

- ¹ The statement of faith has been adapted primarily from that of the Centurion Program of Prison Fellowship's Wilberforce Forum.
- ² George Barna, <www.barna.org>.
- ³ Josh McDowell, Speech given to Christian educators in 2000.
- ⁴ Della Halverson, *Leading Adult Learners* (Nashville, TN: Abingdon Press, 1995) 40.
- ⁵ Bill Donahue, *Leading Life-Changing Small Groups* (Grand Rapids: Zondervan, 2002) 105-106.
- ⁶ Source for main headings for effective small groups comes from Jimmy Long and others, *Small Group Leader's Handbook* (Downers Grove, IL: InterVarsity Press, 1995).